Continence Care Program
理遺護理計劃

Program Features
計劃特點

- Ongoing follow-up and evaluation by Specialist in Geriatric Medicine, continence advisor and healthcare professionals
  由老人科專科醫生、失禁顧問及醫護人員持續跟進和評估
- Program tailor-designed according to participants' symptoms, diagnosis and needs
  按參與者的症狀、診斷和需要制定個人化計劃
- Interval assessments help participants and caregivers understand the progress of continence control
  醫療人員與參與者和照顧者緊貼聯繫，注重每一個細節

Notes 備註

- Our program only includes the doctor's consultation fees and examination fees specified by the program, and does not include the fees for medications, medical imaging, laboratory tests, examinations and other services not specified by the program.
  本計劃只包括計劃指定的醫生診金及檢查費用，並不包括藥物、醫學影像、化驗、非本計劃指定的檢查及其他服務費用。
- For enquiries, please contact our customer service representative.
  如欲了解有關本計劃之詳情，請向客戶服務代表查詢。
- In case of any dispute, UMP Wellness & Metabolic Centre reserves the right of final decision.
  如有任何爭議，聯合健康管理中心保留最終決定權。

Program Details
計劃內容

Stage 1 第一階段

Details 詳情	Conducted by 主理
Doctor Consultation and Comprehensive Assessment 專科醫生面診及綜合評估	
• Medical history and physical examination 病史和體格檢查	Specialist in Geriatric Medicine 老人科專科醫生 Healthcare Professionals 醫護人員
• Questionnaires (IPSS, ICIQ-UI, OAB-V8) 問卷 (IPSS、ICIQ–UI、OAB–V8)	
• Confirmation of symptoms and diagnosis 確認症狀和診斷	
• Formulation of preliminary management approaches 製定初步管理方法	
• Formulation of investigation and further assessments 制定調查和進一步評估	

Stage 2 第二階段

Details 詳情	Conducted by 主理
• Education and empowerment 教導相關知識和賦能	Specialist in Geriatric Medicine 老人科專科醫生 Continence Advisor 理遺顧問
• Interpretation of investigation / assessment results 解釋調查/評估結果	
• Progress Assessment 進度評估	
• Interval Assessment (3 times) 定期評估 (3次)	Specialist in Geriatric Medicine 老人科專科醫生
• Phone Follow-up (5 times) 電話跟進 (5次)	Healthcare Professionals 醫護人員

Stage 3 第三階段

Details 詳情	Conducted by 主理
Doctor Consultation 專科醫生面診	Specialist in Geriatric Medicine 老人科專科醫生 Healthcare Professionals 醫護人員
• Decide and consolidate ongoing treatment plan 決定並鞏固正在進行的治療計劃	
• Formulation of follow-up action 制定後續行動	

Program duration: 52 weeks **計劃為期: 52星期**

聯合健康管理中心
UMP Wellness & Metabolic Centre

Evergreen Health Care Program
康柏健康護理計劃

Demantia Care Program
認知障礙護理計劃

Program Features
計劃特點

- Ongoing follow-up and evaluation by Specialist in Geriatric Medicine and healthcare professionals
  由老人科專科醫生及醫護人員持續跟進和評估
- Program tailor-designed according to participants' diagnosis, staging, symptoms and needs
  按參與者的診斷、階段、症狀和需要制定個人化計劃
- Interval assessments help participants and caregivers understand the progress of cognitive function
  定期評估幫助參與者和照顧者了解認知障礙功能的進展

Program Details
計劃內容

Stage 1 第一階段

Details 詳情	Conducted by 主理
Doctor Consultation 專科醫生面診	Specialist in Geriatric Medicine 老人科專科醫生
• Confirmation of diagnosis and staging 確認診斷和分期	
• Interpretation of investigation / assessment results 解釋調查/評估結果	Healthcare Professionals 醫護人員
• Confirmation of treatment / assessments modalities 確認治療/評估方式	

Stage 2 第二階段

Details 詳情	Conducted by 主理
Interval Assessments (4 times) 定期評估 (4次)	Specialist in Geriatric Medicine 老人科專科醫生
Phone Follow-ups (6 times) 電話跟進 (6次)	Healthcare Professionals 醫護人員

Stage 3 第三階段

Details 詳情	Conducted by 主理
Doctor Consultation 專科醫生面診	Specialist in Geriatric Medicine 老人科專科醫生
• Decide and consolidate ongoing treatment plan 決定並鞏固正在進行的治療計劃	
• Formulation of follow-up action 制定後續行動	Healthcare Professionals 醫護人員

Program duration: 52 weeks 計劃為期: 52星期

Notes 備註

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Enquiry & Appointment
查詢及預約

For more information about our services or appointment booking, please contact us or visit our website.
如欲了解我們的服務或預約，歡迎與我們聯絡或瀏覽我們的網站。

Telephone 電話: (852) 2507 2656
Website 網站: www.ump-wmc.com.hk

UMP Wellness & Metabolic Centre location
聯合健康管理中心位置

Address Room 1603, 16/F, Wing On House,
71 Des Voeux Road Central, Hong Kong

地址 香港中環德輔道中 71 號
永安集團大廈16樓1603室

How to access 如何前往

MTR 港鐵

MTR Central Station Exit A or B (5 minutes walk)
港鐵中環站A或B出口 (步行 5 分鐘)

MTR Hong Kong Station Exit C (3 minutes walk)
港鐵香港站C出口 (步行 3 分鐘)